

# UKSA...

# changing lives

SELF-ESTEEM // PERSONAL DEVELOPMENT // INSPIRATION THROUGH LEARNING

2008

UKSA IS THE CHARITY  
DEDICATED TO  
CHANGING LIVES  
THROUGH MARITIME  
ACTIVITIES...

OUR WIDE-RANGING WORK INCLUDES HELPING YOUNG PEOPLE ACHIEVE THEIR FULL POTENTIAL THROUGH VOCATIONAL MARITIME TRAINING, AND INSPIRING SELF-BELIEF IN DISADVANTAGED INNER CITY CHILDREN WHO HAVE NEVER SEEN THE SEA.

We have changed the lives of over 65,000 young people since 1987 by introducing them to activities afloat and maritime careers.



We aim to inspire many more young people than ever before in our charity's 21st year...

We help young people to develop their self-esteem, confidence, motivation and teamwork skills – the essential attributes for a fulfilling engagement with society and a meaningful future.

#### OUR WORK IS FOCUSED IN FOUR AREAS:

- // helping children who would not otherwise have the opportunity to develop key personal and social skills through watersports activities
- // enabling deserving young people to embark on training leading to meaningful maritime employment
- // providing assisted funding to people with disabilities to enable them to develop skills and confidence through yachting and watersports
- // providing young people with the opportunity to engage in high performance racing to assist in their personal development through intense challenge



“ ADVENTURE ACTIVITIES FOR YOUNG PEOPLE ACHIEVE A RANGE OF POSITIVE OUTCOMES, INCLUDING REDUCING CRIMINAL AND ANTI-SOCIAL BEHAVIOUR, AS WELL AS SUPPORTING YOUNG PEOPLE BACK INTO EDUCATION. ”

R. WILLIAMS, CHAIR, ENGLISH OUTDOOR COUNCIL



## HRH THE PRINCESS ROYAL, UKSA PATRON

“ The Academy offers people of all ages the ideal platform to further both skills and confidence in all aspects of sports afloat. ”



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UKSA is a registered charity No. 299248  
UKSA, Arctic Road, West Cowes, Isle of Wight, PO31 7PQ  
UKSA is registered in England Company No. 02251024

# SCHOOLS AND YOUTH GROUPS... *changing lives*

## FUNDING REQUIRED: £50,000

WE NEED TO RAISE £50,000 EACH YEAR TO SUSTAIN AND GROW THE NUMBER OF YOUNG PEOPLE WE HELP THROUGH ASSISTED FUNDING.

Last year over 5,000 children and young people visited us to experience residential watersports activities. With donations received we provided £50,000 of assisted funding, enabling those who would not normally have the opportunity to benefit from time away from their normal environment. These programmes prove to be life-changing experiences for many participants.

We help children and young people who would not otherwise have the opportunity to engage in challenging and rewarding residential watersports activities to increase their self-esteem, motivation and confidence.



## MAKING A DIFFERENCE TO CHILDREN'S LIVES...

“ Our residents' confidence hit an all time high and they have all been empowered by the visit... their lives have improved as a result.

### MENDIP CHILDREN'S RESIDENTIAL CARE HOME

Both Diego and Jack are quiet boys, partly due to their speech difficulties. They have become more confident and willing to initiate a conversation than before and are attending school more regularly.

### ELM COURT SCHOOL, BRIXTON, LONDON

Highshore caters for pupils with speech, communication, emotional and behavioural difficulties. A number of pupils have autism and physical disabilities. Over the last 6 years UKSA has provided assisted funding to enable over 80 students to take part in residential watersports experiences.

### HIGHSHORE COMMUNITY SPECIAL SCHOOL, PECKHAM, LONDON



## DID YOU KNOW?

// £338 enables one deserving child to take part in 5 days of residential watersports at UKSA

// £11,830 enables a school group of 35 such children to take part in 5 days of residential watersports at UKSA



# MARITIME CAREERS... *changing lives*

We encourage and support young people, who have limited opportunity to succeed within their current social environments, to develop their self-respect, social skills and qualifications, and help them to engage in meaningful maritime employment.



## 'GET INTO MARITIME'

'Get into Maritime' is a residential programme inspiring confidence and self-belief in young people through a range of teamwork activities afloat, while simultaneously exploring maritime employment opportunities. UKSA partners with The Prince's Trust to provide this programme.

### ARRON'S STORY

Arron was 21 when he suffered a nervous breakdown. At hospital he learned about the 'Get into Maritime' programme. His confidence and self-belief have been boosted enormously and Arron is now a qualified watersports instructor and starts work with Mark Warner in May 2008.

“ The 'Get into Maritime' programme gives young people the confidence, motivation and work based skills they need to find work. ”

MARTINA MILBURN, CHIEF EXECUTIVE OF THE PRINCE'S TRUST



## FUNDING REQUIRED: £50,000

WE NEED TO RAISE £50,000 EACH YEAR TO ASSIST YOUNG PEOPLE IN TRAINING FOR MARITIME CAREERS.

The maritime environment is well suited to young people who are uninspired by traditional academic studies. Those who struggle to engage, frequently excel and flourish through vocational maritime training.

## DID YOU KNOW?

- // £4,000 is enough to train a young person to work as a watersports instructor
- // £3,500 is enough to train a young person to work in commercial yachting



## MAKING A DIFFERENCE TO YOUNG PEOPLE'S LIVES...

“ As I was on a full care order in a children's home, I never thought I would get the chance to do watersports. Having had this opportunity I would now like to help others after training to be an instructor. ”

SCOTT

Scott first came to UKSA on a trip organised by his care home. He then returned to train as a fully qualified watersports instructor and will graduate in June 2008.

# DISABILITY... *changing lives*

We aim to improve the quality of life for those with disabilities through watersports and yachting experiences. The sense of achievement this instils makes a significant contribution to increasing confidence and self-esteem.



## FUNDING REQUIRED: £41,500

WE NEED TO RAISE £41,500 THIS YEAR TO FUND RESIDENTIAL YACHTING AND WATERSPORTS EXPERIENCES FOR PEOPLE WITH DISABILITIES.

We have the facilities and expertise to work with schools, groups and individuals to provide quality experiences afloat for all ages and abilities. Assisted funding for people with disabilities gives access to a life enhancing experience which would otherwise be unavailable.

## MAKING A DIFFERENCE TO PEOPLE'S LIVES...

“ Everyone in the group learned a great deal and boosted their confidence and self-esteem throughout the three days.

**ELEANOR ELLISON, RECREATION AND WELLBEING, ROYAL NATIONAL INSTITUTE OF BLIND PEOPLE**

Sailing has given me something I never thought I would have, it has brought me challenge, satisfaction, enjoyment and a huge sense of achievement. ”

**HILARY LISTER, UKSA AMBASSADOR  
RECORD BREAKING QUADRIPLEGIC SAILOR**

## DID YOU KNOW?

- // £380 funds a residential watersports experience for one person at UKSA
- // £1,125 funds a typical group's 5-day yachting experience

# YACHT RACING... *changing lives*

Each year the GBR Yacht Racing Academy supports young people aged between 18 and 25 in developing confidence, self-belief and team skills through the intense challenge of high performance yacht racing.



## DID YOU KNOW?

// £1,055 funds a young person through 60 days of training, less than £18 per day



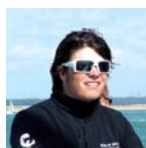
## FUNDING REQUIRED: £47,500

WE NEED TO RAISE £47,500 IN 2008 TO PROVIDE TRAINING, FOOD AND ACCOMMODATION FOR 45 YOUNG PEOPLE FOR ONE SEASON'S RACING

The GBR Yacht Racing Academy operates two Farr 52 yachts which are used to support and encourage young people to develop key skills that will assist them throughout life.

Each year 45 deserving young people are selected from diverse backgrounds, on a basis of attitude and focus, to take part in a comprehensive programme. The squad receives one-to-one mentoring, on-water coaching, fitness, leadership and teamwork development while competing on a national and international race circuit.

## GBR YACHT RACING ACADEMY MAKING A DIFFERENCE TO PEOPLE'S LIVES...



“ I came to the academy with very little sailing experience. The mentoring and training programme enabled me to take on the responsibility of running an important part of the Farr 52 and managing the crew.

**GARETH FOWLER (GAZ), AGED 20**



The support and training these young people receive is giving them every opportunity to be successful in whatever they choose to do.

**PETER HARRISON, PRESIDENT OF THE GBR YACHT RACING ACADEMY**



The scheme gives young people from all backgrounds a unique opportunity to learn and develop their racing and general life skills from the very best people.

**SHIRLEY ROBERTSON OBE, UKSA AMBASSADOR** ”



# HELP US TO

*change more lives...*



“In all of UKSA’s activities I can see one common thread – the charity’s passion for enhancing people’s lives through sailing and watersports.”

Dame Ellen MacArthur MBE  
UKSA Ambassador



- // MAKE A DONATION
- // MAKE A MAJOR GIFT
- // GIVE IN MEMORY – MAKE A LASTING LEGACY IN MEMORY OF A LOVED ONE
- // GIVE REGULARLY
- // LEAVE A GIFT IN YOUR WILL
- // VOLUNTEER YOUR TIME TO HELP US WITH OUR WORK
- // ORGANISE A FUNDRAISING EVENT
- // BOOK A UKSA COURSE
- // BOOK UKSA FACILITIES FOR A CORPORATE FUNCTION

To discuss your needs contact UKSA’s Fundraising Co-ordinator Anna Symcox on 01983 203016 or [anna.symcox@uksa.org](mailto:anna.symcox@uksa.org)

*You can make a donation now*

// Visit [www.uksa.org/changinglives](http://www.uksa.org/changinglives)

// Call 01983 203016

// Send a cheque payable to ‘UKSA’  
UKSA Fundraising,  
Arctic Road,  
West Cowes,  
Isle of Wight,  
PO31 7PQ

// A Gift Aid form can be downloaded from [www.uksa.org/changinglives](http://www.uksa.org/changinglives)